

Ancient RE-INVENTING series  
With ACRIDHANCER

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**NEUTRIMEA<sup>®</sup>**

**Feel Alive**

Exporting the Goodness of Ayurveda to rest of the World

*Introducing*

# Jivan

**Vatter**

matched with the beauty of ... *health benefits*

man has *used aloe vera* for *more than 5000 years*

*Acharya Sharangdhara explained Aloevera in 13<sup>th</sup> century*

*Acharya Shodal introduced Aloevera in Nighantus in 14<sup>th</sup> century.*

*Acharya Shodal described Aloevera as Kushthavinashini (drug destroy all kinds of skin diseases).*

*Acharya kaiyadeva mentioned Aloevera as rasayana means rejuvenator and vrasya means aphrodisiac.*

filled with *more than 200 biochemical*  
*necessary health components*



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*Free from the SIDE EFFECTS of Yellow Latex of  
aloevera which causes  
Headache,  
Allergy,  
Cancer,  
Uterine Constriction,  
Birth Defects*

(National Toxicology Program and Meriland Medical Center University - America)

Free from yellow latex



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# Jivan Vatter

**matched with the beauty of ... *health benefits***

*filled with more than 200 biochemical  
necessary health components*

- vitamins A,
  - vitamins B1,
  - vitamins B2,
  - vitamins B3 (niacin),
  - vitamins C,
  - vitamins E,
  - vitamins B6 ,
  - vitamins B12and
  - folic acid
- nourish  
blood, body cells and to neutralize free radicals.*



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necessary health components*

contains 20 minerals

- calcium,
- chromium,
- copper,
- magnesium,
- manganese,
- potassium,
- selenium,
- sodium,
- iron and
- zinc

*important for various enzyme systems,  
performing various metabolic functions and  
act as antioxidants*



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12 anthraquinones.

-*Aloin* and

-*emodine* are major anthraquinones.

Anthraquinones enriched with

-*anti-bacterial,*

-*anti-viral and*

-*analgesic properties.*



Contains *20 amino acids* (building blocks of protein)  
(of the total 22, *8 amino acids* are necessary for the perfect health)

*with all 8 essential amino acids.*

amino acids known to provide anti-bacterial and anti-inflammatory effects.

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Contains *monosacchrides  
polysacchrides*





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Contains *Gibberellins* and  
*Auxine*  
have *healing* and *anti-inflammatory*  
properties.



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Contains *fatty acids* include *plant sterols* namely

- HCL cholesterol,
- campesterol and
- B-sitosterol(reduce allergies & acid indigestion symptoms)
- Caprylic,
- Linoleic,
- linolenic,
- myristic,
- oleic,
- palmitic and
- stearic

These steroids have properties like  
*analgesic,*  
*anti-inflammatory* and  
*antiseptic.*



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like

- catalase,
  - alkaline phosphatase,
  - amylase,
  - bradykinase
  - cyclooxygenase,
  - cyclooxygenase,
  - lipase,
  - oxidase,
  - carboxypeptidase,
  - carboxylase and
  - superoxidase dismutase.
- These are essential in catabolism of fats and carbohydrates.*



## Uses

Bhedani – *Useful in constipation*

Gulmahara – *useful in abdominal tumors*

Pleehahara – *useful in spleen disorders, splenomegaly*

Yakrut Vruddhihara – *useful in hepatitis, hepatomegaly,*

Kapha Jwarahara – *useful in fever*

Granthihara – *useful in small tumors, fibroids, lymphadenitis*

Agnidagdha – *useful in treating burn wounds*

Visphotahara – *relieves boils, blisters*

Raktapittahara – *Useful in bleeding disorders such as nasal bleeding, heavy periods, etc*

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## Uses

Tvak Roga – *useful in skin disorders, psoriasis.*

Chakshushya – *improves vision, good for eyes, useful in eye disorders*

Vishahara – *Anti toxic*

Vatahara – *useful in treating disorders of Vata Dosha imbalance such as neuralgia, paralysis, constipation, bloating, etc*

Balya – *improves strength and immunity*

Vrushya – *aphrodisiac, improves vigor*

Rasayana – *anti aging, causes cell and tissue rejuvenation*

Pittaja Kasahara – *useful in cough and cold of Pitta origin*

Shwasahara – *useful in treatment of asthma and chronic respiratory disorders.*



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for hemorrhoids:

-due to its *mild laxative action* and *wound healing properties*, regular intake of *Jivan Vatter*, is very beneficial in *hemorrhoids treatment*.

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in cardiovascular health:

*Jivan Vatter has blood thinning action.*

- *Beta sitosterol very useful against cholesterol lowering.*
- *very useful in treating atherosclerosis (blood vessels clogged with clot and fat deposition).*
- *Blood pressure will be regulated, circulation and oxidation of blood also will be improved*
- *lower the risk of heart disease*

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for women:

- improves ovulation chances,
- induces menstruation,
- used in treating amenorrhea – absence of periods or decreased bleeding.
- improves hair quality,
- prevents hair fall,
- cures dandruff,
- useful in acne and blemishes.



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## in digestion and detoxification :

- cleanse and relax the digestive tract and improve digestion.
- helps with either *diarrhea* or *constipation* and regulates our *elimination cycles*.
- helps in *Irritable bowel syndrome (IBS)* and
- acid reflux
- helps to reduce the amount of unhealthy bacteria in our *gut* and keeps our *intestinal flora* in balance.
- vermifuge keeps the *body* free of *intestinal worms*.
- moves through the *intestinal tract* absorbing *toxins* and then gets them *eliminated* through *colon*.
- Jivan Vatter *alkalizes the body* and tries to *balance the overly acidic food habits* and maintain **Our body's** 80/20 rule:
  - 80% alkaline forming foods and
  - 20% acidic foods.



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## as an adaptogen:

*notable adaptogen.*

- improve the *ability of the body to adapt external changes and stimuli.*
- resist diseases.*
- balances the body system;*
- stimulate the defensive and adaptive mechanisms of the body.*
- gives us added ability to get off the emotional, mental, physical, and environmental stress such as pollution.*
- polysaccharides stimulate macrophages to fight against viruses.*
- high level of anti oxidants helps to combat the unstable free radicals, prevent aging process.*
- an antipyretic reduces or prevents fever.*



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## in weight loss:

- *improves digestion* and helps us to *get our body detoxified*.
- *reduce weight* because *improved digestion enhances elimination of waste from the body too*.
- *removes the toxic load* on our body and *gives us more energy*.



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As an antimicrobial:

has

- anti-septic,
- anti-fungal,
- anti-microbial,
- anti-biotic,
- antibacterial,
- disinfecting,
- germicidal, and
- anti-viral properties.



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## As an antimicrobial :

Active ingredients of *Jivan Vatter* are

- cinnamic acid,
- phenol,
- sulphur,
- lupeol,
- salicylic acid and
- urea nitrogen,

These ingredients *act together as a team to enhance antimicrobial activity and eliminate infections.*

- also active against bacteria, virus and fungus
- help to treat bacterial, viral and fungal infections.



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## Side effects :

- Long-term use of *Jivan Vatter* may result in *loss of potassium and other electrolytes*.
- **Taking *Jivan Vatter*** internally should be *avoided during pregnancy*.
- *Jivan Vatter* increase blood in menstruation, so it should not be taken during menstruation.
- in piles or hemorrhoids, *Jivan Vatter* is not advisable.
- *Jivan Vatter* contraindicated in *degeneration of the liver and diseases of gall bladder*.



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WITH ADDED BENEFIT OF  
**ACRIDHANCER**

*Doubles the bio-availability of Nutrients or medicine*

*-By increasing the plasma half-life and delays their excretion*

for increasing therapeutic effects and aims to *correct the imbalance of the three "doshas"* (VATA, PITTA, KAPHA psychophysical components of human body)

that can lead to disease



# THANKS YOU DOCTOR

*For your valuable prescription for*

# Jiwan Vatter

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